

FREE ●●●●● **BD5**

ISSUE 59 June 2018

Football Academy

UNIVERSITY OF BRISTOL





Welcome

to your community magazine

BD5 is your community magazine. It comes free through your letterbox each February, June and October bringing you all the latest news about your area.

BD5 is a magazine for you. So if you have something to say about your area, your group or community or you just want to get involved - contact us!

BD5 mag is funded by Bradford Trident and partners. It will keep you up to date with community developments.

For news and features ring **01274 768065** Send letters to: **BD5 Mag, Bradford Trident, Park Lane Centre, Park Lane, Bradford, BD5 0LN**

The next issue of BD5 will be out in October 2018. The deadline for contributions is 7th September 2018. BD5 is also available in large print if needed contact Trident. We will always be looking to improve the mag so, if you have any suggestions or would like to make a contribution to the next edition, please contact our Community Development Officer Aurangzeb Khan on 01274 768065 or email aurangzeb@bradfordtrident.co.uk

The views expressed in BD5 are not necessarily those of Bradford Trident Ltd. All information is correct at the time of going to press. BD5 cannot accept responsibility for any errors or ensuing consequences.

Thanks to all contributors for their help and support.

www.bradfordtrident.co.uk

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Logo Competition Winner

The Better Place team, in partnership with Better Start Bradford, are very excited to announce the winner of our recent logo competition!

The competition ran during February and March, and was promoted throughout the Better Start Bradford area. We invited children with a sibling under the age of 4 years old to enter a drawing, painting or sketch of what they felt a "Better Place" represented to them e.g. what they enjoy about being outside, their connection to nature & the environment. Our winner Iacov Tricolici, aged 6, grabbed our judges attention with a bright, sunny representation of himself & his brothers playing in the local park - he even sketched himself having fun flying a kite! We took elements from Iacov's drawing and our professional graphic designer produced a logo that we believe truly represents a "Better Place". Iacov was very happy with the end result, as you can see in the photo! We would like to thank Iacov and his family for their help and enthusiasm in sharing their vision for the project.

During June and July the Better Place team will be running FREE 'Plant & Play' sessions, suitable for nurseries and play groups across Better Start Bradford area's of Bowling and Barkerend, Bradford Moor and Little Horton. The sensory play and sunflower planting sessions are aimed at children under the age of 4 years old and involve learning the process required to grow sunflowers (soil, seeds, water and sun) followed by an opportunity for the children to get hands on, plant their own sunflower seed and take it home to grow. The session allows children to practice listening to instructions, taking turns, counting, learning vocabulary and developing fine motor skills. The sessions also provide an opportunity for the children to get their hands messy and gain confidence interacting with nature! By making nature easily accessible through a sensory experience, local children and families can feel empowered to create positive change in their environment.

If you, or anyone you know, runs a nursery or play group in the Better Start area and would like us to bring this FREE session to you, please contact us by emailing betterplace@groundwork.org.uk or calling 01274 735 300 for more information.



Front Cover

Athletico Football Club Awards Ceremony at the Mayfield Centre.

Bilal Ismail receiving his "Up and Coming Talent" trophy.

Photograph courtesy of Alex Daniels photography.

LOCAL NEWS

Improving Planters

We are currently liaising with Bradford Council, Bowling Allotments and the Garden Society in looking at improving the planters at the Top Section of Manchester Road outside the shops. They are a very useful resource for local people and can be of great aesthetic value for the main route in to the city centre.



Community Clean Up Day

We have had a clean up day in Roxby Street and the community in Marshfield came together to help out and clean the streets of dumped mattresses, fridges, sofas and other waste that was dumped on the streets. Bradford Council's Ward Officer, the Council's warden and the Cleansing Manager prioritised it to be picked up within hours, which was much appreciated. The local Councillor Cllr Talat Sajawal, arranged for the sweepers to come out once it was complete to clear the streets of any remaining litter.



Marshfield Clean up.



Roxby Street clean up.

Annual Community Meeting



Please watch this space for our Annual Community Meeting to which all residents are welcome to attend. We will also be having representatives from community groups who received the small community grants to talk about how the grants have benefitted their organisations.

- Bin collection reminders
- Job vacancy alerts
- Leisure timetables and prices
- Service opening times

Get the App

Beautiful BD5 Enter the Beautiful BD5 Garden Competition & you could win a prize!

Many residents have pride in where they live. Please help us celebrate where local people are brightening up our environment by entering our Garden Competition, and encouraging others to enter too.



- There are 4 categories...
- Most Beautiful Garden
 - Best Community Garden

- Most Beautiful Yard
- Best Street



CLOSING DATE 31ST JULY 2018

Contact Sheila to get an entry form T: 01274 431066. Please include a photo of your garden / yard / street.



Mark Making Workshop for



On Thursday 18th January 2018 we held our Mark Making workshop at Park Lane Centre. This was a fantastic opportunity for parents to understand how children explore in early writing skills through play from a very young age.

Parents participated in seven activities where they were given good tips in teaching their children, to early writing through play at home. Parents had the opportunity to discuss any areas of concern with practitioners. Parents enjoyed making marks using foam with practitioners. Parents enjoyed making marks using foam where we talked about texture, language, using different tools to explore with.

Using rice was another great element to work with. Giving children a handful of uncooked rice on a small tray, discussing what they see and using skills such as pouring, mixing and spreading. Parents were fascinated by the thought of giving children old T Shirts or pieces of material where children could explore with paint, pens or felt tip pens to develop design techniques and patterns. Parents were also asked to complete questionnaires regarding early mark making skills indoor and outdoor. This was to give us an idea of parent's views regarding early writing skills and how it can be developed through play.

At Park Lane Pre School mark making helps children to communicate their ideas, express their feelings, and develop their imagination and be creative. Early mark making skills will gradually develop into letters, shapes, patterns and pictures.



*Sienna can be seen making hand prints in the cornflour slime activity.
Haris is having a wonderful time exploring the foam.*



Habeebah is having fun making marks in the cornflour slime activity.





Parents

Partnership work with new Planters at Park Lane



Our theme this term is about growth. We have been discussing with children about growth, decay and changes over time. Children have demonstrated care and concern for living things and the environment. Above is a photograph showing Eman having fun in our mud kitchen area and has prepared Carrots and Brussel Sprouts with gravy.

Keeley Cook and Phoebe Heenan from MAPA made the planters, commissioned by Bradford Trident, and once transferred to the Park Lane Centre – created a home for Silver Birch, Crab Apple, Maple trees, bulbs, and bedding plants in the planters. MAPA help young people alleviate their difficult circumstances through a range of opportunities for volunteering and through youth involvement programmes.



The project has been really well received by local people and centre users. Saleem Hussain, the Facilities Manager at Bradford Trident said; "this brings much needed colour and beauty to the area, especially when they are in full bloom as they are now. The young people of MAPA did a fantastic job making these planters, and now they serve as a wonderful resource for children from our nursery. The Park Lane nursery children now water and take care of the plants – watching them grow as they grow!"

Keeley Cook and Phoebe Heenan from MAPA with Carlton Smith & Saleem Hussain from Bradford Trident.



Latest News!

BRADFORD TRIDENT
INVESTING IN OUR COMMUNITY

Bradford Trident
health
lifestyles
Project



Bradford Diabetes Prevention Project with The Healthy Lifestyles Project

One to One support

keep fit
lifestyle

Support confidence

healthy foods

Encouragement



For Further Information contact

Halima or Jo on 01274 768 066

Khana Peena

Lunch Club
Every Wednesday at
The Parkside Centre

12.00 till 1.00 pm
£2.00 for 2 courses
*Come along make freinds, have a chat
Enjoy a traditional, home style cooked meal*

For Further Information call
Halima or Jo on
(01274) 768 066



Wellbeing Café at Parkside Centre

Traditional
Afternoon Tea
& Entertainment

The monthly Wellbeing
Café takes place at The
Parkside Centre on
Parkside Road.

The café is open on the
second Thursday of every
month for any okker BD5
residents dealing with
dementia, loneliness or
depression and includes an
invitation to their carers or
partners.

Come and enjoy afternoon
tea with music, dancing and
good company

Ever Second
Thursday of
every month
1.30pm to
3.30pm

For Further Information
call Halima on
(01274) 768072



Ladies only WALK AND TALK GROUP

Are you interested in becoming more active?
Then come along for a gentle walk

Every Monday 10.00am to 11.00am

Meet at:

Parkside Centre,
Parkside Road,
Bradford,
BD5 8EH



Refreshments provided • **For more information
please call Halima on 01274 768072**

We will also be going on walking trips in and around Yorkshire



Come and learn to speak English . .

**EVERY
THURSDAY**

17 May – 19 July 2018
(but not 31 May or 14 June)

12.30pm - 2.30pm
Parkside Centre
Parkside Road,
BD5 8EH

... to help you make
doctor's appointments,
speak to nursery or school
staff etc

**Learn in a relaxed way!
Make new friends!**

Free snack/refreshments included.

For more information call 01274 768066

The wording in this publication can be
made available in other formats such as
large print. Please call 01274 431066



The Parkside Centre is looking for volunteers! Do you have a few hours a week to spare?

Would you like to help with lunch clubs, a well being cafe? Supporting and helping the most vulnerable in our community?
We are also looking for individuals who would like to develop new ideas of their own to run groups, anything from keep fit to sewing.
For more information: **Contact Halima or Jo on: 01274 768066 or Call into The Parkside Centre, Monday to Thursday.**



Bradford Trident Enterprise News

Supporting enterprise and the enterprising people of **BD5**
 **BRADFORD TRIDENT**
INVESTING IN OUR COMMUNITY www.bradfordtrident.co.uk

Might you do better working for yourself?

Free Business Development Support

Our experienced Enterprise Coach can help with:

- Turning your business idea into a reality
- Developing key business skills
- Producing marketing plans and materials
- Structuring formal business plans
- Checking bid applications
- Social Media marketing
- Overcoming business challenges
- Networking opportunities



For more information email jon@bradfordtrident.co.uk
or call Jonathan on (01274) 768071

*This support is offered **free of charge** by Bradford Trident to anyone living or working in BD5

Building business opportunities together in BD5 • www.bradfordtrident.co.uk

Speaking out for Cancer Prevention



One current enterprise support client is Kursh Siddique of BAME (Black, Asian & Minority Ethnic) Voices, this is particularly pleasing as the health and well-being of our local community is one of our main drivers here at Bradford Trident.

A well-known business man living in West Bowling, Kursh approached Jonathan for his unbiased view on setting up this organisation, designed to enable larger health and wellbeing providers (such as the NHS) reach and support people from minority communities more effectively. Initially the coaching support involved bouncing around ideas and then more formal assistance was given with structuring, focussing and writing marketing materials, such as website copy. Kursh says, "Being able to tap into Jonathan's extensive marketing knowledge has certainly helped me fine tune a number of key marketing messages and it's great to have someone that bit removed from my business looking at things with different eyes." The coaching relationship has been further enhanced with BAME Voices deciding to base itself in the Enterprise Development Office at the Park Lane Centre too, which provides new start businesses with affordable and flexible office space, with ongoing business support.

BAME Voices is now working alongside Pennine Breast Screening Service and the NHS on delivering a project to improve the early diagnosis of cancer (particularly breast cancer) through improved engagement with screening – the take up of which is nowhere near as good as it should be in minority communities, particularly in Yorkshire. Additionally they are ensuring the voices of minority communities are being heard by sitting on the boards of 'The West Yorkshire and Harrogate Cancer Alliance' and 'The Yorkshire Cancer Patients Forum'. Jonathan says, "BAME Voices is here to make a real difference and will no doubt save lives as a result, as Kursh and I both lost our mothers to cancer we have a real connection to this work and I'm proud to be able to support him".

For more details about the great work being carried out by BAME Voices and/or cancer screening please see:
www.bamevoices.org.uk or email kursh@bamevoices.org.uk

Affordable Venue Hire



- Mayfield Banqueting Suite
- Perfect for parties, events and functions
- Onsite car park
- Great transport links
- Fantastic venue for your guests to enjoy

Comfortable, stylish setting and stunning décor to enhance any event



Mayfield Centre, Broadway Avenue, BD5 9NP. Call: 01274 731835



Born in Bradford (BiB) has seen 10,000 children in Bradford primary schools!

We really appreciate parental and primary school cooperation, with your support we will continue to work the children in the coming years. You can expect visits from the BiB team at your child's school where we will be taking height and weight measurements, conducting cognitive tests and monitoring levels of physical activity!

Time is flying, the oldest children in the study will be going to secondary school this September and BiB hopes to continue to work with families and secondary schools. We have organised a conference for secondary school teachers on the 2nd October to let them know about our work and plans for the future, further details are available on the following link: <https://www.eventbrite.com/e/born-in-bradford-working-with-secondary-schools-tickets-44636048623>

A Big Thank You from the BiBBS Team!

The Born in Bradford's Better Start (BiBBS) study would like to say a huge thank you to all of the 1,630 families that have already signed up and who are now helping Born in Bradford and Better Start Bradford find out how we can best improve the health and wellbeing of Bradford's children. BiBBS still needs a lot more expectant parents living in BD5 (and other Better Start Bradford areas) to join the study. If you are expecting a baby then please keep an eye out for our information pack that your midwife will give to you when you have your first appointment with them. Our research team will speak to you when you come for your Glucose Tolerance Test at Bradford Royal Infirmary around 26 weeks of your pregnancy (or at another appointment after that). If expectant dads can't come to this appointment then we can send home a questionnaire for them to complete and return to us.

Katie Swinden the BiBBS research administrator says "Taking part is really easy, we just ask you to complete a questionnaire and choose whether you want to share other information or samples with us".



If you'd like to know more about taking part please contact Katie and the BiBBS team on 01274 383941.



FA Charter Standard Club



PLAYERS WANTED

Do you have the desire to become a **talented footballer?**

All ages are welcome.

Want to be part of **something special?**

Why not come and train with **Athletico Academy Football Club.**

Regular weekly training sessions with **FA Qualified Coaches**

- **FA qualified Coaches** (DBS checked)
- **FA Charter Standard Club**
- **We are looking for coaches/volunteers to join the club, full training will be provided.**



Contact M.Yaqoob 07412 521 787 • Majid Hussain 07964 629 464 • Ayooob Akhtar 0778 393 1373



Athletico Academy Football Club is affiliated with
Athletico Football Club.

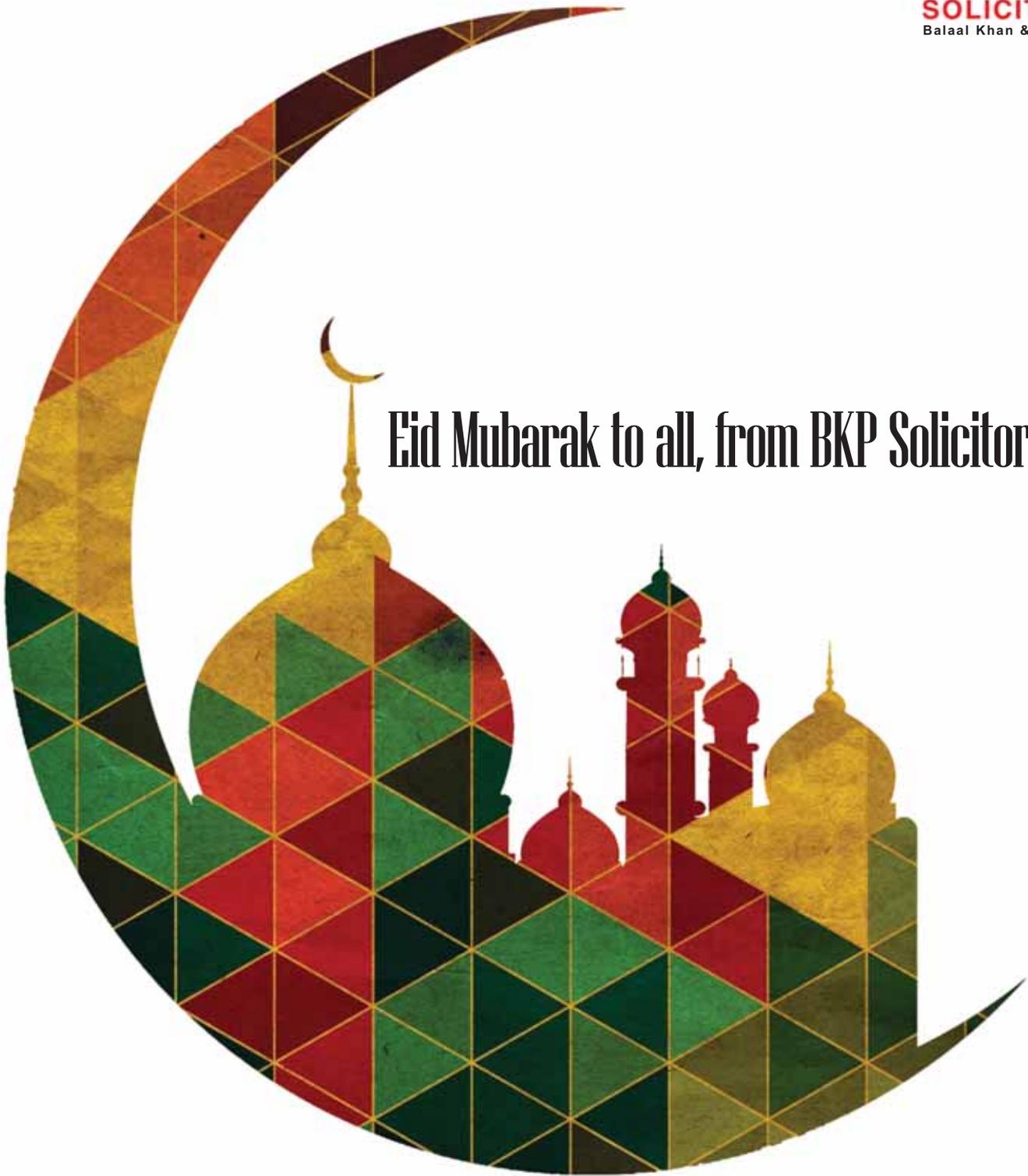
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Eid Mubarak to all, from BKP Solicitors